

BAGEL SANDWICHES

Served on your choice of toasted bagel

The Veggie

Cream cheese, lemon pepper, capers, basil, red onion, tomato and lettuce \$7.00

Tomato Basil

Cream cheese, lemon pepper, basil and tomato \$7.00

BLT

Cream cheese, lemon pepper, bacon, tomato and lettuce \$8.00

Turkey

Cream cheese, lemon pepper, turkey, red onion, tomato and lettuce \$8.00

Smoked Salmon

Cream cheese, lemon pepper, dill, red onion and capers \$10.00

Peanut Butter & Jam \$6.00

Nutella, Banana & Cinnamon \$6.00

Bagel & Cream Cheese \$3.00

Farm to Table Quiche

Assorted seasonal varieties \$5.95 a slice

Soup & Bagel Combo \$6.95

Crazy Good Toast

Original, Lavender or Orange Chocolate slathered in Grass Fed Butter \$2.00 a slice

Fresh Assortment of Baked Goods

Delivered Daily \$3-\$3.50

Assorted Donuts \$1.50

FRESH FRUIT SMOOTHIES

20 oz \$5.25

Orange Strawberry Banana
Chocolate Covered Blueberry
Peanut Butter Banana

Mellow Yellow - mango, pineapple, coconut

Pink Tart - mango, pomegranate, strawberry

Blue Crush - pomegranate, blueberry

Banana Bomb - mango, strawberry, banana

Orange Julius - orange, vanilla

Madison's Craze - apple, coconut, banana

Strawberry Colada - mango, pineapple, coconut, strawberry

Berry Blast - apple, strawberry, blueberry

Summer Breeze - mango, banana, cantaloupe

Rainbow Sherbet - O.J., strawberry, pineapple

SPECIALTY SMOOTHIES

\$6.25

Aloha Kale - kale, spinach, chard, almond milk, coconut oil, pineapple, banana

Bali Hai - O.J., honey, banana, greener grasses

Superfood - açai, blueberries, banana, strawberries, protein powder

Palate Cleanser - O.J., strawberry, basil, chia seed

Smoothie Add-Ons \$1.00

Protein powder (whey), greener grasses, chia seeds

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HOT DRINKS

Small \$3.75 • Medium \$4.25 • Large \$4.50

Mocha • Zebra Mocha • White Mocha • Cappuccino
Latte • Macchiato • Lavender Latte • Vanilla Latte
Hazelnut Latte • Caramel Latte • Horchata Latte • Dirty Chai

Small \$3.25 • Medium \$3.50 • Large \$3.75

Vanilla Chai • Spiced Chai • Tea Latte • Horchata
Café Au Lait • Hot Chocolate • Steamer

Small \$2.75 • Medium \$3.00 • Large \$3.25

Espresso • Red-Eye • Americano

Small \$2.25 • Medium \$2.50 • Large \$2.75

Drip Coffee • Hot Tea

COLD DRINKS

Small \$4.50 • Medium \$4.75 • Large \$5.25

Available blended or on the rocks

Mocha • Mocha Chip • Vanilla Latte • Caramel Latte
Chai (Vanilla and Spiced) • Horchata • Green Tea Latte

Low Carb Selections: Mocha • Vanilla
Caramel & Spiced Chai

Small \$3.25 • Medium \$3.50 • Large \$3.75

Italian Sodas • Cream Soda • Milk Chocolate
Mango Juice • O.J. • Apple Juice

Raw, Organic, Local, Cold Pressed Juices \$10.00

Small \$2.25 • Medium \$2.50 • Large \$2.75

Passion Fruit Iced Tea

12 oz \$3.00 • 16 oz \$4.00 • 20 oz \$5.00

Craft Draft Iced Coffee on Tap

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